



**LUNCH - DINNER**

**828-433-5400**

**2115 S. Sterling St.  
Morganton, NC 28655**

**[www.AbelesFamilyRestaurant.com](http://www.AbelesFamilyRestaurant.com)**

ADVERTISE ON THIS MENU. CALL MENU GRAPHICS AT 1-877-545-0777 ext. 701



**Steel That's  
Built To Last**

- BARNDOMINIUMS
- GARAGES & COMMERCIAL BUILDINGS
- MANUFACTURED / ENGINEERED STEEL TRUSSES
- WHOLESALE LUMBER & INSULATION
- STANDING ROOF PACKAGES
- 40YR. WARRANTY ROOFING



**828-334-3507 | RRIRONWORKS.COM**

## WEEKDAY MEAT & BAR SPECIAL

THIS IS NOT AVAILABLE FRIDAY NIGHT, SATURDAY, SUNDAY!

All Carry-Out Bars Add \$1.00

**NO SHARING!** Sharing will be charged extra.

CHOICE OF ONE MEAT  
ALL-YOU-CAN-EAT  
SOUP, SALAD, FRUIT BAR &  
HOT VEGETABLE BAR  
Lunch \$10.99

CHOICE OF ONE MEAT  
ALL-YOU-CAN-EAT  
SOUP, SALAD, FRUIT BAR, &  
HOT VEGETABLE BAR  
Dinner \$12.59

### MEATS

Country Style Steak, Meat Loaf, Liver and Onions, 4 oz Chicken Salad, Grilled Hamburger Steak, Country Fried Steak, Fish & Tartar Sauce, Grilled Ham Steak, Pork Chop, Chicken Fried Chicken, 2 Chicken Strips, Grilled Chicken, Western Potato, Loaded Potato, Spaghetti.

Add Extra Meat \$3.29

## WEEKEND LUNCH & DINNER SPECIAL

THIS IS AVAILABLE FRIDAY NIGHT, SATURDAY, SUNDAY! ENDS AT 8:15 FRIDAY & SATURDAY!

OUR ALL-YOU-CAN-EAT BUFFET with your choice of One Meat  
\$14.79

### MEATS

4 Chicken Fingers, 8oz Hamburger Steak, 8oz Pork Fried Steak, 10oz Fish, 10oz Country Style Steak, 8oz Country Fried Steak, 2 Pork Chops, 10oz Grilled Chicken, Spaghetti, Pot Roast

## SOUP, SALAD, FRUIT, AND HOT VEGETABLE BARS

- Bowl of Soup (7oz. bowl) . . . . . \$2.99
- All-You-Can-Eat Soup (with cornbread) \$8.99
- Soup, Salad & Fruit . . . . . \$10.99

Grilled Cheese & all you can eat Soup  
Lunch \$9.99                      Dinner \$10.49

### ENTIRE BUFFET

Soup, Salad, Fruit, & Hot Vegetables  
(weekdays) \$11.29 (weekends) \$12.59

Hot Vegetable Bar Lunch Only \$9.99

## APPETIZERS

- Hand-Breaded Onion Rings (10) . . . . . \$6.99  
Breaded Fresh Daily
- Breaded Mushrooms Served with Horseradish sauce \$6.99
- HOT** Hot Wings (CAUTION VERY SPICY) (10) . \$10.99  
Wings served with celery, ranch and your choice of original Buffalo, Sweet Baby Rays BBQ Teriyaki or Jamaican jerk.
- Fried Cheese Curds . . . . . \$7.99  
8 oz portion served with marinara
- Appetizer Sampler . . . . . \$10.99  
4 Cheese sticks, 4 Chicken strips, and Onion rings served with assorted sauces.

- Chili Cheese Fries . . . . . \$8.99  
Hot crispy fries buried under chili & cheese.
- Mozzarella Cheese Sticks . . . . . \$6.99  
Served with marinara sauce.
- Bacon Cheddar Galley Fries . . . . . \$8.99  
Crispy Fried Galley Fries buried under bacon bits and cheddar cheese. Make them Wild & Crazy for \$1.00 more.
- Fried Pickle Fries . . . . . \$6.99  
Fried pickle sticks, breaded and fried. Served with Ranch.

**P&M**  
BUSINESS SOLUTIONS  
1485 US Hwy 70  
Valdese NC

### Expert Guidance with a Personal Touch

- Financial Cleanup
- Tax Preparation
- Accounting & Bookkeeping
- Website Design
- Logo Creation
- Payroll

[PandMBusiness.com](http://PandMBusiness.com)

(828)-403-5249

**LOCAL  
ish**  
Retail  
Store

Local ish is an amazing little retail store that offers a wide variety of new retail items and locally sourced handmade goods. Both Local ish and P&M Business Solutions are located side by side at 1485 US Hwy 70 Valdese NC, 28690.

So, shop at local ish and then head over to P&M to have a website built for your business or for bookkeeping and accounting services. P&M offers an extensive range of business services from financial services and graphic design to commercial product photography and photo editing. Stop by today!



**Settlemyre Nursery**  
Since 1973  
Family Owned Since 1973

**Garden Center**  
Shrubs, Flowers, Trees

(828) 874-0679  
I-40 Exit 107  
1387 Drexel Road  
Valdese, NC 28690  
www.settlemyrenursery.com

## SPECIALITY SANDWICHES

Add Soup, Salad, and Fruit Bar for \$4.99 Or All-You-Can-Eat Vegetable Bar \$4.99. All Sandwiches come with Fries.

**Philly Steak Sandwich** Thin sliced sirloin steak . . \$10.99  
grilled with onions and topped with cheddar cheese.  
Served on grilled hoagie bun with lettuce, tomato and pickle.

**Chicken Parmesan** . . . . . \$10.99  
A breaded chicken breast with MEATY spaghetti sauce  
and mozzarella cheese served on a grilled hoagie roll  
with kosher pickle.

**Grilled Chicken (5 oz)** Tender, boneless, all-white . \$9.99  
breast of grilled chicken with lettuce, tomato and pickle,  
onion on side. Double Chicken add \$3.29

**Chicken Salad on a Croissant** . . . . . \$8.99  
Homemade chicken salad on a grilled croissant  
with lettuce, tomato and kosher pickle.

**Country Ham Sandwich** N.C. Country Ham, . . . . . \$9.99  
lettuce, tomatoes, mayonnaise and a kosher pickle spear.

**Turkey Reuben Sandwich** Aged Swiss cheese on. \$10.99  
rye bread, grilled, stacked high with turkey breast. Slaw or sauerkraut  
served with a dill spear, mustard and special sauce on side.

**Hillbilly Cuban** A grilled pork chop cut off the bone, . \$10.99  
topped with shaved ham, Swiss cheese, pickle, chips, mustard.

**Teriyaki Chicken Sandwich** , . . . . . \$10.99  
Bacon, pineapple, teriyaki sauce, cheddar cheese, lettuce, tomato,  
onion, pickle served on side.

**Hunter's Livermush Melt** A large slice of . . . . . \$8.99  
Hunter's Livermush, tomato, mayo on a grilled cheese.

**Bar-B-Que Sandwich** Served with slaw, . . . . . \$8.99  
sauce and kosher pickle spear.

**Reuben Sandwich** Aged Swiss cheese on . . . . . \$10.95  
rye bread, grilled, corned beef and sauerkraut served with a dill  
spear, mustard and special sauce on side.

**Smothered Chicken** . . . . . \$10.99  
Grilled chicken breast covered with BBQ sauce, bacon, Swiss and  
cheddar cheese on bun. Lettuce, tomato, onion, pickle on side.

**Classic Chicken Sandwich** Tender, boneless, . . . . \$8.29  
all-white breast of chicken breaded and golden bread. Served with  
mayonnaise, lettuce and pickle spear. Tomato on side.

**Chicken Philly Sandwich** Tender chicken breast . \$10.99  
tips grilled w/peppers and onions and smothered w/Swiss cheese.  
Served with lettuce, tomato, mayo, pickle and onion on side.

**Jamaican Chicken Sandwich** A boneless breast . \$10.99  
chicken smothered with Swiss, mozzarella, bacon, pineapple, and  
jerk sauce. Served on a bun w/lettuce, tomato and onion on side.

**Ribeye Steak Sandwich** . . . . . \$11.99  
U.S. Choice ribeye grilled to order, served open faced on a grilled  
hoagie roll with lettuce, tomato, onion, and mayonnaise on side.  
Add grilled onions and Swiss cheese for \$1.69

**Super Ham & Cheese** Thick cut Hormel Cure 81 . . \$9.99  
ham on a grilled Texas toast with American & Swiss cheese,  
tomato, mayo. Sub thick cut bologna at no extra charge.

**Sl!m J!m** Tender baked ham topped with melted . . . . . \$8.99  
Swiss cheese, lettuce, tomatoes and our own special sauce.  
Served on a grilled hoagie roll.

**Buffalo Chicken Sandwich** . . . . . \$10.99  
Tender, boneless, all-white breast of chicken breaded, dipped in wing  
sauce. Topped w/mozzarella cheese. Served w/ranch, lettuce, pickle  
spear. Tomato on side.

**King Fish Sandwich** . . . . . \$10.99  
A golden fried fish fillet with lettuce and tomato, our own tartar  
slaw sauce and lemon wedge. Served on a grilled hoagie roll.

**Maddy Melt** (Madison Abele's favorite sandwich) . . \$10.99  
Our homemade chicken salad on grilled Texas toast with melted  
American & Swiss cheese, bacon, tomato, and mayo.

**Slim Shady Sandwich** . . . . . \$10.99  
Shaved ham, grilled with pepperoni, Swiss cheese, lettuce, tomato,  
onion, special sauce, & red wine vinaigrette. Served on a grilled  
hoagie

**Zesty Dill Chicken Sandwich** . . . . . \$10.99  
Inspired by the chicken sandwich wars! A 6 oz marinated chicken  
breast breaded in buttermilk and seasoned with dill, fried to  
perfection, served with lettuce, tomato, and mayo on the side.

## SALADS

Dressings: Ranch, Creamy Italian, Bleu Cheese, Honey Mustard, Thousand Island, Catalina French, French, Caesar,  
Fat Free Raspberry Vinaigrette, Fat Free Italian, Fat Free Ranch, Fat Free Thousand Island,

**Caesar Salad** A large portion of mixed greens, chopped  
tomatoes, red onions, fresh shredded Parmesan cheese, Caesar  
dressing and croutons.

- No Meat . . . . . 8.99
- Sirloin Steak . . . . . 10.99
- Grilled Chicken . . . . . 10.99
- Grilled or Fried Shrimp . . . . . 11.59
- Fried Chicken . . . . . 10.99
- Grilled Salmon 8oz . . . . . 13.59

**Buffalo Chicken Salad** . . . . . 10.99  
A large portion of mixed greens, chopped tomatoes, red onions,  
fresh bleu cheese crumbles, buffalo sauce, croutons, fried onions,  
and your choice of dressing. Grilled Chicken or Fried Chicken.

**House Salad** A large portion of mixed greens, chopped  
tomatoes, red onions, fresh cheddar cheese, real bacon bits,  
croutons and your choice of dressing

- No Meat . . . . . 8.99
- Sirloin Steak . . . . . 10.99
- Grilled Chicken . . . . . 10.99
- Grilled Shrimp . . . . . 11.59
- Fried Chicken . . . . . 10.99
- Grilled Salmon 8oz . . . . . 13.59

**Southwestern Salad** . . . . . 11.79  
Mixed greens, tomato, onions, black bean and corn salad, topped  
with cheddar and tortilla strips. Served with your choice of Grilled  
Chicken or Sirloin Steak.



**BURKE BEDDING & FURNITURE SHOP**  
211 Avery Avenue • 437-0271

facebook burkebeds@hotmail.com

**LOWEST PRICE Guarantee**  
#1 Bedding Store  
24 Years in a row

- Free Delivery and Set-Up
- Lay-Away Plans Available
- Interest Free Financing



**The Powers Realty Group**  
(828) 432-6111

**Toni Powers**  
Broker/Owner, ABR, QSC  
**828-403-5892**  
"Integrity & Results Matter"  
thepowersrealtygroup.com

facebook

# Need Help? Social Security or Medicare Part B

**Senior Insurance Brokers**  
 Ron M Hughes  
 Nikki Walker, Agent  
 Jennifer Cranford, Agent  
 ron.hughes@yahoo.com

**\$0 Premium Dental and Vision**

**828-368-0270**

580 Malcom Blvd. Connelly Springs, NC

Trulicity • Ozempic • Tresiba  
 Farxiga • Victoza • Levemir • Lantus  
 Vrayler • Humalog • 100's more  
 Dexcom • Freestyle Libre

## LUNCH SPECIALS

(11am-3pm Monday-Friday only)

All Sandwich Specials are served with fries and a drink (No Bottled Beverages)

**\$9.99**

**Quarter Pound Hot Dog** Served with slaw and chili, onion and pickles.

**Fried Livermush Special** A thick cut of Hunter's fried livermush and covered with melted American cheese on toast with onions, pickles, slaw, and mustard.

**Fried Bologna Special** A thick cut of bologna blackened and covered with melted American cheese on toast with lettuce, tomato, onion, pickle, slaw, and mustard.

**Sl!m J!m** Hot ham, Swiss cheese, lettuce, tomato, Thousand Island.

**Double Decker Burger** 2 all beef patties, Thousand Island, shredded lettuce, onion, pickle on side.

**Chicken Filet Sandwich** Lettuce, tomato, pickle, mayo on side.

**B.L.T. Sandwich** Generous portion of lightly smoked country bacon, lettuce, tomato, mayonnaise and kosher pickle spear

**Grilled Cheese Sandwich** Melted American cheese on white bread served with kosher pickle spear.

**Grilled Ham & Cheese Sandwich** Melted American cheese on white bread, with tender sliced ham and kosher pickle spear

**Grilled Bacon & Cheese Sandwich** Melted American cheese on white bread with bacon served with a kosher pickle spear.

**Burger Lunch Special \$11.99 (Mon - Thurs till 3pm)**

Choose any burger off the Hand Crafted Burger section.  
 Served with Fries and a drink

**SANDWICH AND SALAD BAR ..... \$11.99**

Choose any sandwich off the Classic Sandwiches, Hot Dogs, or Meatless Burgers Categories (**Lunch Only**)

## CLUBS

Served with French Fries

**Turkey Bacon Club ..... \$10.99**

Sliced turkey breast, bacon, tomato, mayonnaise and lettuce stacked high on 3 slices of your choice of bread.

**The Ultimate Club ..... \$11.99**

Ham, turkey, two strips of bacon and American cheese with lettuce, tomato, mayo, and 3 slices of your choice of bread.

**Big Bird Club ..... \$10.99**

Hot turkey with melted mozzarella, shredded lettuce, tomato and bacon on a hoagie. Cut in half, and served with slaw, honey mustard and mayo on the side.

## HOT DOGS

Served with French Fries

All Hot Dogs come with onion, pickle, slaw, and relish on side.

**Abele's Original Hot Dog ..... \$8.99**

Large frank split and grilled. Served open faced on a grilled hoagie roll. Onion, pickle, relish on side.

**New York Style ..... \$9.79**

A quarter pound hot dog on a toasted hoagie roll topped with sauerkraut and mustard. Onion, pickle on side.

**Shuey Field Style ..... \$9.79**

A quarter pound hot dog on a toasted hoagie roll topped with chili, mustard, and your choice of American or cheddar cheese. Onion, pickle on side.

**Wild & Crazy ..... \$9.99**

A quarter pound hot dog on a toasted hoagie roll topped with bacon, chili, jalapenos, and smothered with cheddar cheese. Onion, pickle on side.

## LIGHT EATERS & SENIORS

All items served with bread and one side.  
 No Add On Salad Bar.

**Fish Chips with Slaw ..... \$8.99**

**Bite Size Shrimp with Slaw ..... \$7.29**

**Grilled Chicken ..... \$7.99**

**Chicken Strips (4) ..... \$8.99**

**Country Style Steak ..... \$7.79**

**Pork Chop ..... \$7.89**

**Meat Loaf ..... \$7.29**

**Spaghetti ..... \$7.99**

**Country Fried Steak ..... \$7.29**

**AUTO CORRAL CAR WASH**  
  
**QUALITY FIRST**  
 199 COAL CHUTE RD. LOCATED JUST 2 MILES FROM ABELE'S  
 MORGANTON, NC 28655 828-433-7361

**Greene's Motorsports  
 And Wrecker Service**  
  
 Bobby Greene/Owner  
 phone: (828) 659-3673  
 2718 Harmony Grove Rd  
 Nebo, NC 28761  
 I-40 exit 90

**THOMPSONS**  
  
**BODY WORKS**  
 TRUCK BEDLINERS & ACCESSORIES  
**(828) 437.4529**  
 Gary (828) 413.0964 Fax (828) 437.4579  
 Debbie (828) 413.4483 thompsonbw@att.net  
 4047 Sunrise Ln, Morganton, NC 28655

# Cliffhanger Landscaping

## Mowing & Tractor Services

**James Goble** **Serving Catawba & Burke Counties**  
**828-640-1176**



## NEEDING YOUR SUPPORT

For More Info

**Building Faith Equestrian Center**  
**501(c)3 Non Profit**

Providing quality therapy services for the disabled and disadvantaged population through the use of horses.

**New Location! More Services!**



# HANDCRAFTED BURGERS

All burgers are "HAND PATTIED" and served with lettuce, tomatoes, onions, pickles, mayo and Jamaican relish on side.  
 Add Soup, Salad & Fruit Bar to any burger or dog for \$4.99 Double the size of your burger from 6 oz to 12 oz for \$3.99 Bison for \$6.99

Our hand dipped milk shakes are the perfect compliment to any burger

## Beef Burger

## Bison Burger

All burgers served with fries

• <b>All American "Burger"</b> Plain & Simple. Add american cheese \$.35	8.99	13.29
• <b>Bacon "Burger"</b> Add american cheese \$.35	9.99	13.99
• <b>Ultimate Bacon "Burger"</b> Cheddar & Swiss melted over bacon and bbq sauce.	10.99	14.59
• <b>Mushroom &amp; Swiss "Burger"</b> Sauteed mushrooms covered with swiss cheese.	10.99	14.59
• <b>Jalapeno Cheddar "Burger"</b> Jalapenos covered with Cheddar cheese.	10.99	14.59
• <b>Bleu Cheese "Burger"</b> Melted bleu cheese crumbles.	10.99	14.59
• <b>Western "Burger"</b> Grilled peppers, onions, & mushrooms covered with cheddar cheese	10.99	14.59
• <b>Wild &amp; Crazy "Burger"</b> Bacon, jalapenos, and chili smothered with melted cheddar cheese	10.99	14.59
• <b>Carolina "Burger"</b> Chili smothered with cheddar cheese, served with slaw and mustard on side.	10.99	14.59
• <b>Jamaican "Burger"</b> Bacon, grilled pineapple, & jerk sauce smothered with mozzarella and Swiss.	10.99	14.59
• <b>Steak House "Burger"</b> Grilled onions, cheddar & Swiss cheese, bacon and topped with 2 onion rings.	10.99	14.59
<b>Teriyaki "Burger"</b> Bacon, pineapple. teriyaki sauce and cheddar cheese.	10.99	14.59
<b>NEW Texas Melt "Burger"</b> A 6 oz burger on grilled Texas toast with American & Swiss cheese, grilled onions, mushrooms. Served with a pickle spear, mayo, mustard.	10.99	14.59
<b>Patty Melt</b> Aged Swiss cheese and rye bread grilled with 6oz patty served with dill spear and grilled onions on the side	10.99	14.59

• These menu items are cooked to order. Notice: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

## MEATLESS BURGERS

Served with French Fries (Notice: Not Vegan)

**Black Bean Burger** Our black bean patty served ..... \$9.99  
 w/lettuce, tomato, onion, jalapenos, salsa & sour cream on side.

**Original Garden Burger** Meatless veggie burger. .... \$9.99  
 Served w/ettuce, tomato, onion, pickles, mustard, & mayo on side

### Burke Drywall



**DROP-N-GO**  
**WASTE & HAULING SERVICE, LLC**  
**828-925-2270**

**PREP-N-READY**  
 ALL YOUR CAMPING & SURVIVAL  
 NEEDS IN ONE PLACE **828.597.9060**  
 Prep-n-Ready.square.site  
 222 S. Center St. Hildebran, NC • prepreadyllc@gmail.com



Tommy Sain  
& Staff  
(828) 437-0664

Downtown  
Morganton

Mon-Fri: 6:00-5:30  
Sat: 6:00-4:00

# Stidham's Axe Throwing & Lounge



Open 7 Days  
a Week

Billiards • Arcade Games • Mechanical Bull  
Alcoholic & Non-Alcoholic Beverages  
Live Music • Private Events Available

Family Friendly Venue • 420 W. Fleming Dr., Ste E Morganton, NC • 828-608-0872

## BEEF

**Rare** - cool red center **Medium Rare** - warm red center **Medium** - hot pink center  
**Medium Well** - Little Pink - "done but not burnt") **Well** - hot gray center  
(We are not responsible for tenderness of steaks cooked beyond medium)

ADD SOUP, SALAD,  
FRUIT BAR TO ANY MEAL  
FOR \$4.99

ADD ENTIRE BUFFETT TO  
ANY MEAL FOR \$5.99

All dinners are served with choice of potato and garlic bread

- **USDA Choice Ribeye**  
Tender juicy USDA Choice ribeye crowned with onion rings  
7oz. .... \$14.29 10oz ... \$19.99 15oz .... \$24.99
- **Sirloin Tips (6 oz.)** Tender cubes of top sirloin served \$11.59  
with mushroom gravy on side. Add peppers and onions for \$1.00  
Double your Tips for \$5.99 (No Sharing on Double Orders)
- **Aspen Style Chopped Steak** ..... 11.99  
Half pound of tender juicy ground sirloin, BBQ sauce, bacon,  
Swiss & cheddar cheese, covered with fresh tomatoes and red  
onions. Mushroom gravy on side.
- **Jamaican Chopped Steak** ..... \$11.99  
Half pound of tender juicy ground sirloin, smothered with Swiss,  
mozzarella, bacon, pineapple, and jerk sauce.
- **USDA Choice Sirloin (9 oz.)** ..... \$15.99  
9 oz. USDA Choice top sirloin crowned with onion rings
- **Chopped Steak** Half pound of tender juicy ..... \$10.49  
hand-packed ground sirloin made fresh daily, crowned  
with onion rings and served with mushroom gravy on side.
- **Western Chopped Steak** ..... \$11.59  
Half pound of tender juicy hand-packed ground sirloin  
made fresh daily, crowned with cheddar cheese, grilled onions,  
peppers, and mushrooms. Served with mushroom gravy on side.
- **Bleu Cheese & Mushroom Topped Sirloin** .. \$17.99  
Our famous 9oz. sirloin smothered with mushroom  
and blue cheese crumbles.
- **Wild & Crazy Chopped Steak** ..... \$11.99  
Half pound of tender juicy ground sirloin, topped with melted cheddar,  
Jalapeños, chili, and bacon. Served with mushroom gravy on side.

Load your potato for \$2.29 • Add grilled shrimp skewer to your meal for \$5.29

Monday thru Friday Special \$13.99

Your choice of Sirloin Tips or Western Chopped Steak and one trip to the salad bar (does not include soup and fruit)

## COMBOS

Add Soup, Salad, and Fruit Bar for \$4.99 Or All-You-Can-Eat Vegetable Bar \$4.99

- **Sirloin Tips & Chicken Tips** ..... \$15.99  
6 oz. Tender cubes of top sirloin and 8 oz. of chicken breast tips. Served with grilled peppers, onions, and mushroom gravy on the side.
- **Steak 'N' Shrimp** ..... \$15.99  
9 oz. Sirloin and 4 fantail shrimp crowned with onion rings (bite size shrimp may be substituted or grilled shrimp skewer)

## HOMESTYLES MEALS (All Homestyle Meals served with 2 sides)

Sides: Mashed Potatoes, Green Beans, Mac & Cheese, Pintos, Cole Slaw, Rice, Black Eyes, Cabbage,  
Collard Greens, Fried Okra, Baked Potato, Fries

- **Pork Chops** ..... \$11.99  
Two pork chops floured, grilled and served with two sides.
- **Liver 'N' Onions** ..... \$11.99  
A generous portion of tender grilled beef liver smothered with  
sauteed onions and served with your choice of two sides.
- **Ham Steak** ..... \$10.99  
A generous cut of smoked ham crowned with a grilled pineapple  
slice and your choice of two sides.
- **Country Ham Dinner** ..... \$10.99  
Delicious North Carolina country ham. Served with two sides.
- **Bar-B-Que Plate** ..... \$10.99  
A generous portion Pork Barbecue, BBQ sauce, small slaw,  
kosher pickle spear, and your choice of two sides. (you may  
substitute dinner bread for a bun)
- **Meat Loaf Dinner** ..... \$11.59  
Tender cooked meat loaf served with two sides.
- **Pork Ribeye** Super tender boneless pork ribeye grilled to  
perfection. Served with your choice of 2 sides.  
6 oz Ribeye .... \$10.99 12 oz Ribeye .. \$12.99
- **Country Fried Steak (beef)** ..... \$11.59  
Lightly breaded golden-fried steak smothered in your country  
milk gravy or mushroom gravy. Served with two sides.
- **Chicken Fried Steak (chicken)** ..... \$11.99  
Lightly breaded golden-fried chicken breast smothered in your  
choice of country milk gravy or mushroom gravy. Served with  
two sides.
- **Country Style Steak** ..... \$11.99  
Our version of Salisbury Steak. Served with two sides.
- **Pork Fried Steak** ..... \$11.29  
Lightly breaded Pork Loin fried and smothered with gravy.

**Pot Roast Dinner** ..... \$11.99  
(Available Thursday, Friday, Saturday, and Sunday.)  
Tender slow cooked pot roast served with mashed potatoes,  
green beans, garnished with cooked carrots and garlic bread.

**Jensen Lawn Care  
Landscaping &  
Tree Service**  
Matt Jensen  
828-413-4999  
mattjensen50@yahoo.com  
JensenLawnandLandscaping.com

801 E. Union St. Morganton, NC  
**SHINE AGAIN LLC**  
CAR CARE  
PROFESSIONAL AUTO DETAILING PRODUCTS AND SUPPLIES  
Cleaners • Waxes/Polishes • Ceramics  
Degreasers • Compounds • Accessories  
www.ShineAgainCarCare.com 828-569-1409

**FUN CYCLES Inc.**  
KTM POLARIS SUZUKI STIHL  
PARTS • ACCESSORIES  
SERVICE • SALES  
828-874-4680  
www.funcycles.biz  
I-40 Exit 111 - Valdese, NC 28690



**Doggie Daycare • Professional Grooming Services**  
**Luxury & Special Needs Boarding • Basic Training**  
 828-391-9880  
 www.pawsandclawspetvillage.com  
 107 CRAFTSMAN DRIVE - MORGANTON, NC 28655

# McCormick Motorsports

Tel [828]659-7196 or [828]442-7445

**Towing & Recovery**  
**Tires & Service**  
 24/7

10632 NC 226 S  
 Nebo, NC 28761  
 mccms67@yahoo.com



**LOAD YOUR POTATO WITH CHEDDAR AND BACON BITS FOR ONLY \$2.29**

## CHICKEN

**ADD SOUP, SALAD, FRUIT BAR TO ANY MEAL FOR \$4.99**  
**ADD ENTIRE BUFFETT TO ANY MEAL FOR \$5.99**

All Dinners are served with choice of potato and garlic bread

**♥ Grilled Chicken (10 oz.) . . . . . \$11.29**  
 A boneless breast of chicken crowned with a grilled pineapple and served with your choice of sauce.

**Chicken Breast Tips Dinner . . . . . \$11.29**  
 8 oz. Tender cubes of chicken breast tenders. Served with peppers and onions on the side. (Try them tossed in buffalo, jerk, or BBQ)

**Fried Chicken Fillets . . . . . \$11.29**  
 6 Boneless fillets of juicy all-white chicken and served with your choice of sauce and potato.

**HOT Buffalo Style Fried Chicken Fillets. . . . . \$11.99**  
 Boneless fillets of juicy all-white chicken dipped in buffalo wing sauce and served with ranch and celery and your choice of potato.

**Chicken Aspen . . . . . \$12.99**  
 A boneless breast of chicken with BBQ sauce, Swiss and cheddar cheese, bacon crowned with fresh chopped tomatoes and red onions. Served with a side of salsa.

**Jamaican Chicken Dinner. . . . . \$12.99**  
 A boneless breast chicken smothered with Swiss, mozzarella, bacon, pineapple, and jerk sauce. Served on a bed of rice with choice of potato.

**Southwestern Chicken. . . . . \$12.99**  
 A boneless breast of chicken with Swiss cheese, grilled onions, peppers and mushrooms. Served with a side of salsa.

**HOT Buffalo Wing Dinner . . . . . \$13.99**  
 10 hot wings served with choice of potato. (Caution spicy hot) Your choice of BBQ sauce, Buffalo or Jamaican jerk sauce.

**Chicken and Waffles . . . . . \$10.99**  
 5 crispy Chicken Strips smothered in Powder Sugar on a Waffle served with Hot Syrup and Butter.

**Wings 10 for \$10.99 20 for \$20.99**  
 Flavors  
 Original, Sweet Baby Rays BBQ, Jerk

## SEAFOOD

All Seafood Entries come with slaw, bread, and choice of potato.

Add Soup, Salad, and Fruit Bar for \$4.99 or All-You-Can-Eat Vegetable Bar \$4.99

**Butter Fly Fan Tail Shrimp . . . . . \$11.29**  
 Hand breaded shrimp, prepared with a light crispy layer of specially selected ingredients and fried golden brown.

**Fish 'N' Shrimp . . . . . \$15.29**  
 Tender fish fillets golden fried in our special breading and 4 delicious jumbo shrimp prepared with a light crispy layer of specially selected ingredients in our kitchen.

**Breaded Oyster Dinner . . . . . \$12.99**  
 Hand breaded oysters fried to perfection.

**Bite-Size Shrimp. . . . . \$11.29**  
 9 oz. of tender, bite-size shrimp lightly breaded and fried golden brown

**Wild Alaskan Salmon Steak . . . . . \$13.99**  
 Salmon steak grilled served on a bed of rice with melted butter. Seasoned to perfection.

**Fish Dinner . . . . . \$12.99**  
 Tender fish fillet golden fried in our special breading.

**Fisherman Platter . . . . . \$15.99**  
 Tender fish fillets golden fried in our special breading with 2 shrimp and oysters.

**Grilled Shrimp Skewers . . . . . \$13.99**  
 2 large grilled shrimp skewers lightly seasoned and served over your choice of rice or garlic buttered noodles with parmesan cheese.

## PASTA

All dinners are served with garlic bread

**Spaghetti Dinner . . . . . \$9.99**  
 With our own MEATY tomato sauce (SAUCE CONTAINS MUSHROOMS)

**Spaghetti Special . . . . . \$12.99**  
 With One trip to Salad Bar

**Italian Feast . . . . . \$11.99**  
 A tender breast of all-white chicken smothered in Swiss cheese and spaghetti, both topped with our meaty tomato sauce and mozzarella cheese (SAUCE CONTAINS MUSHROOMS)

• These menu items are cooked to order. Notice: Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

**DIESEL PERFORMANCE AND REPAIR**  
  
**828-291-5126**

**Dale's Car Audio**  
 Sunday 1-5 Mon-Tue 10-5 Thu-Sat 10-5  
 Closed Wednesday  
**Tannery Square Shopping Center**  
 420 West Fleming Dr. Ste I Morganton, N.C. 28655  
 Your car audio & video needs  
**828-544-5700**

**COUNTRY TOWN**   
  
**TIRE & AUTO SERVICE CENTERS**  
 1141 NORTH GREEN ST. (Hwy 181 N)  
 MORGANTON, NC 28655  
**MARTY HERZIG**  
 MANAGER  
**COMPLETE AUTO SERVICE**  
**(828) 430-3505**



# STUFFED SPUDS

All Stuffed Spuds come with Dinner Bread

- Classic Loaded** ..... \$4.99  
A baked potato with bacon and cheddar cheese.
- Chili Cheese** ..... \$4.99  
A baked potato stuffed with chili and your choice of cheddar or American cheese.
- Black and Bleu** ..... \$6.99  
A baked potato stuffed with mushrooms and bleu cheese.
- Philly** ..... \$10.99  
A baked potato stuffed with peppers and onions, cheddar and Swiss cheese and your choice of chicken or beef.

- Stir Fry** ..... \$10.99  
A baked potato stuffed with a variety of stir fry vegetables and your choice of chicken, shrimp or beef. Served with a side of shrimp sauce. Add extra beef, chicken, or shrimp for \$3.79
- Western** ..... \$6.99  
A baked potato stuffed with peppers, onions, mushrooms, and cheddar cheese. Served with salsa and sour cream on the side.
- Wild & Crazy** A baked potato stuffed with ..... \$6.99  
bacon bits, Jalapeños, chili, and cheddar cheese.
- Aspen** A baked potato stuffed with bacon bits, cheddar and Swiss cheese, and topped with tomatoes and onions. . \$6.99
- Pot Roast** ..... \$11.29  
A baked potato stuffed with our famous pot roast and mushroom gravy (Available Thursday thru Sunday)

# STIR-FRY

Our Stir-Fry dinners are served with a variety of vegetables, our own rice pilaf, and our secret recipe shrimp sauce, and garlic bread.

Add Soup, Salad, and Fruit Bar for \$4.99 Or All-You-Can-Eat Hot Vegetable Bar for \$4.99

- Vegetable Stir-Fry** One pound of vegetables ..... \$10.99
- Shrimp Stir-Fry** ..... \$10.99
- Chicken Stir-Fry** ..... \$10.99
- Beef Stir-Fry** ..... \$10.99

Add extra beef, chicken, or shrimp for \$3.79

# TOPPINGS

- Mozzarella** ..... \$1.79
- Bacon Bits** ..... \$1.79
- Bleu Cheese Crumbles or Parmesan Cheese** .. \$1.99
- Cheddar or Swiss Cheese** ..... \$1.79
- Chili** ..... \$0.99
- Grilled Mushrooms** ..... \$1.79
- Grilled Onions** ..... \$1.79
- Grilled Peppers** ..... \$1.79
- Mushroom Gravy** ..... \$1.29
- Jalapeños** ..... \$1.79
- Peppers and Onions** ..... \$2.59



# KIDS MENU

(Includes Drink)

**Kids All-You-Can-Eat Soup, Salad, and Fruit Bar with a kids meal \$3.99 (12 and under, No Adults)**

- Kids's Hamburger** ..... \$5.99  
A beef patty on a toasted bun with lettuce, tomato, onion, pickle, and mayo. Served with fries Add Cheese \$.30
- Kid's Spaghetti** ..... \$5.99  
The all-time kid's favorite, served with our own meaty tomato sauce and a slice of toasted Garlic bread.
- Kid's Fish Dinner** ..... \$6.99  
Freshly fried golden brown fish fillets, served with French fries, tartar sauce, lemon wedge and slice of toasted Garlic bread.
- Kid's Bite size Shrimp Dinner** ..... \$6.99  
Golden fried shrimp, served with French fries and a slice of garlic bread.
- Kid's Corn Dog Nuggets** ..... \$5.99  
1 corn dog served with French fries.

- Kid's Chicken Dinner** ..... \$6.99  
2 Fried Chicken Tenders, served with choice of potato and slice of toasted Garlic bread.
- Kid's Hot Dog** ..... \$6.99  
A quarter pound hot dog served with onion, pickle, and fries.
- Kid's Grilled Chicken** a 5 oz Breast of Chicken, ... \$6.99  
served with choice of potato and garlic bread.
- Kid's Grilled Cheese** ..... \$5.99  
Served with French fries.

**Kids Soup, Salad, Fruit Bar & Hot Vegetable Bar**  
 Children 3 years and under (with adult meal purchase). **FREE**  
 Children 4-8 years ..... \$5.99  
 Children 9-12 years. .... \$8.99  
**Kids Bar With Meat** ..... \$9.99  
 Hamburger Steak, Chicken Strips, Ham, Country Style Steak, Grilled Chicken, Country Fried Steak, Fish, or Spaghetti

# BEVERAGES

- Pepsi Products, Cheerwine, Iced Tea, Coffee** . \$2.99
- Juice** ..... 16 oz \$2.99 8 oz \$1.99
- Lemonade** ..... \$2.99
- 5 Lemon Slices for Lemonade** ..... \$1.49
- IBC Root Beer or Cream Soda** ..... \$2.99
- Milk** ..... 16 oz \$2.99 8 oz \$1.99
- Hot Chocolate** ..... \$2.69

# SIDES

- Baked Potato** with butter and sour cream ..... \$2.99
- French Fries** ..... \$2.79
- Galley Fries** Salted with seasoning salt ..... \$2.99
- Cole Slaw** ..... \$1.79
- Hot Vegetable** ..... \$2.49
- Homemade Cornbread** ..... 1.39

 **J & D CUSTOM SERVICES, LLC**  
 RESIDENTIAL & COMMERCIAL  
 (828) 228-5684  
 jdcustomservicesnc@gmail.com  
**Custom Solutions to Meet Your Needs**  
 Visit - jdcustomservices.com  
 Doug Moyers, Owner

 **DUNNTAVIS'**  
 FLOORING SERVICES  
**We Install**  
 Laminate • Vinyl • Hardwood • Carpet • Tile  
 828-443-8218 FREE ESTIMATES

 **Brooks Mechanical**  
 704-245-2290  
 980-219-0185  
 Jason Brooks  
 Owner  
 Fully Licensed and Insured  
 • Residential & Commercial HVAC  
 • Commercial Refrigeration  
 • Commercial Kitchen Equipment





**MR. B's**  
**FUN FOODS, INC**  
*A Taste of the Good Life!*  
Manufacturer of cotton candy, caramels, popcorn, peanut brittle, deep fried peanuts and other specialties.  
www.mrbsfunfoods.com  
828-879-1901



**Jacob Fork  
Lawn Care**

- Lawn Maintenance
- Lawn Fertilizing
- Hedging
- Grass Seeding
- Mulching
- Gutter Cleaning

**FREE ESTIMATES**  
828-334-4599 Where Service is Always in Season



**AT HOME ELDERCARE**  
Care and Companionship for those you love

- 4 hours to 24/7
- Fully Insured and Bonded
- Complete Criminal Backgrounds on all employees
- 23 years of Senior Care experience

www.athomeec.com  
4857 NC 181 Morgantown, NC  
828-315-0861



# OLD FASHIONED ICE CREAM SHOP

## 2 SCOOP SUNDAES \$5.99

**Classic Sundaes** Vanilla Ice cream with your choice of hot fudge and Caramel. Topped with nuts, whip cream and a cherry.

**Classic Fruit Sundae** Vanilla Ice cream with your choice of strawberry, cherries, blueberries, or pineapple

**Oreo Madness** Vanilla Ice cream, hot fudge, and crushed oreos topped with whip cream and a cherry. Nothing beats this for Oreo lovers

**Mocha Nut** Cappucino Crunch Ice cream with hot fudge, Caramel, nuts and a cherry

**Mint Oreo** A scoop of cookies and cream and a scoop minty mint chip topped with oreos, waffle cone pieces, Caramel and fudge

**M&M Sundae** One scoop of Vanilla & one scoop of chocolate, hot fudge, crushed M&M's, peanuts and whip cream.

## 3 SCOOP SUNDAES \$6.99

**Old Fashioned Banana Split** 3 scoops of ice cream, one vanilla, one chocolate & one strawberry with bananas, strawberry and Caramel, hot fudge, whipped cream, nuts and a cherry

**Oreo Decadence** 3 scoops of your choice of ice cream, devils food cake, Oreos. Topped with Caramel and hot fudge, whipped cream, nuts and a cherry

**Monkey Madness** Hersheys® Peanut Butter Cup ice cream topped with waffle cone pieces, chopped banana pieces, fudge, peanut butter sauce, whip cream and a cherry

**Banana Royale** A split banana Vanilla & Chocolate ice cream topped with hot fudge, nuts, whip cream and a cherry

**The 57** Three scoops of yummy butter pecan ice cream beneath a lode of hot caramel and fresh bananas and whipped cream.

## ICE CREAM FLAVORS

**Bowl 2 scoops \$2.99 Regular cone \$2.99 Waffle cone \$3.59**

Vanilla, Superman, Chocolate, Strawberry, Birthday Cake, Salty Caramel, Green Mint Chip, Moose Tracks®, Cookie Monster, Butter Pecan, Peanut Butter Cup, Muddy Sneakers (Snicker flavored), Cappucino Crunch, Chocolate Chip Cookie Dough

## OLD FASHION MILKSHAKES

**Served with whip cream and a cherry 16oz \$4.89**  
Vanilla, Oreo, Chocolate, Strawberry, Birthday Cake, Peanut Butter, Chocolate Peanut Butter, Snickers, Green Mint Chip, Butter Pecan, Cookie Monster, Black Cherry, Peanut Butter Cup, Cappuccino Crunch, Chocolate Chip, Cookie Dough.

## WAFFLES

**Waffle ..... \$5.09**  
**Strawberry or Blueberry Waffle ..... \$6.79**

**Ice Cream Waffle ..... \$6.79**  
Hot waffle with 2 scoops of ice cream

## DESSERTS

**Reses Peanut Butter Pie..... \$4.99**

**Apple Pie..... \$4.29**  
Add ice cream for \$1.00

**Hot Walnut Brownie** A chocolate brownie with nuts. \$4.99 topped with 2 scoops of ice cream and hot fudge. Try it butter pecan style with caramel and fudge.

**Hot Fudge Cake** Vanilla ice cream between two .... \$4.99 pieces of devil's food fudge cake served with our hot fudge topping, whipped cream and a cherry.

**IBC Root Beer Float ..... \$4.29**

**Carrot Cake** Two layers of moist delicious ..... \$5.79 ingredients with a cream cheese frosting.

**Whipped Cheesecake ..... \$3.79**

Our own made in-house fresh daily

**Whipped Cheesecake with Topping ..... \$4.99**  
(try it with strawberry or blueberry topping).

**Ellie's Coconut Cream Pie** Mrs. Ellie prepares ... \$4.99 this pie fresh everyday. Coconut cream filling and fresh whip cream.

**Fresh Strawberry Pie** Plumb strawberries, ..... \$4.99 our own glaze and a thick cream topping.

**Pecan Pie** Fresh Baked (Seasonal Sep. - Dec.) ..... \$4.29

**Pumpkin Pie** (Seasonal Sep. - Dec.) ..... \$4.29

**THE DUMP TRUCK!!!**  
**HOME OF THE ORIGINAL DUMP TRUCK**  
**\$32.99**


For those with an appetite for something different - Abele's "soda jerks" unleash the "DUMP TRUCK". A giant Ice cream sundae served in the bed of a dump truck. 23 scoops of Hershey's® premium Ice cream (you may pick up to 10 different flavors) your choice of 2 toppings, nuts, whip cream, and cherries. (Suggested serving size for 4 or more people. (Eat at your own risk).



All parties, 8 or more, a gratuity of 18% will be automatically be added to the bill  
Prices on menu and website subject to change without notice

Interested in Advertising on This Menu? Call Menu Graphics: 1-877-545-0777 ext. 701

**A Kut Above, Inc.**



**Lacey Layne**  
Hair Stylist  
828-639-2383 cell  
1319 Bethel Rd.  
Morgantown, NC 28655

**Affordable Home Improvement**

Remodel • Construction • Handyman  
Christian Owned • Great Rates

**828-485-7790**  
Tony Childers  
Serving Burke, Catawba, Caldwell, & Cleveland Areas



**City Muffler**  
828-437-5060  
If it's too loud, we'll make it quieter.  
If it's too quiet, we'll make it louder.  
600 Lenoir Street Morgantown, NC 28655

**828-433-5400**

**2115 S. Sterling St.  
Morganton, NC 28655**

**[www.AbelesFamilyRestaurant.com](http://www.AbelesFamilyRestaurant.com)**

ADVERTISE ON THIS MENU. CALL MENU GRAPHICS AT 1-877-545-0777 ext. 701