



BREAKFAST

828-433-5400

**2115 S. Sterling St.
Morganton, NC 28655**

www.AbelesFamilyRestaurant.com

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BREAKFAST BAR

Monday - Friday Mornings	\$10.99
Saturday, Sunday, Holidays, and Weekends	\$11.99
Children 3 and under with adult meal purchase	FREE
Children 4 - 8.....	\$6.99
Children 9 - 12.....	\$9.99

Breakfast Bar served Monday-Friday until 10:45 AM; Saturday, Sunday, and Holidays until 11:45 AM
(PLEASE NO SHARING ON ALL YOU CAN EAT BARS)

BREAKFAST MADE TO ORDER

* #1 Two Fresh Eggs	\$8.99
Choice of Bacon, Sausage, or Livermush, Southern Style Grits or Home Fries, Toast or Biscuit.	
* #2 Two Fresh Eggs	\$7.99
Choice of Bacon, Sausage, or Livermush, Toast or Biscuit.	
* #3 One Fresh Eggs	\$7.99
Choice of Bacon, Sausage, or Livermush, Southern Style Grits or Home Fries, Toast or Biscuit.	
* #4 Choice of.....	\$8.99
GOLDEN BROWN PANCAKES, BELGIAN WAFFLE, OR FRENCH TOAST and One Fresh Egg, Bacon, Sausage or Livermush served with hot syrup and butter.	
* #5 Biscuits and Gravy.....	1/2 \$3.59 Full Order \$4.99
Buttermilk Biscuits smothered in our own homemade Smokey Mountain Gravy. (Toast may be substituted)	
* #6 NC Country Ham.....	\$11.29
A whole slice of Country Ham with Two Fresh Eggs, Southern Grits or Home Fries, Toast or Biscuit.	
* #7 NC Country Ham.....	\$9.99
A half slice of Country Ham with Two Fresh Eggs, Southern Grits or Home Fries, Toast or Biscuit.	
* #8 Two Pork Chops or 9 Oz. Steak	9 oz. Steak \$15.99 Two Chops \$11.99
Served with Two Fresh Eggs, Southern Grits or Home Fries, Toast or Biscuit.	
* #9 Breakfast Ham (city ham).....	\$7.99
Two Fresh Eggs, Southern Grits or Home Fries, Toast or Biscuit.	
* #10 Country Fried Steak	\$11.29
Smothered in White Gravy, Two Fresh Eggs, Southern Grits or Home Fries, Toast or Biscuit.	
* Fried Egg Sandwich (2 eggs).....	\$4.99
* Fried Egg Sandwich with Meat.....	\$6.99
Served with your choice of City Ham, Bacon, or Sausage Patties, lettuce, tomato, and a pickle spear. (You may add Country Ham for a \$1.50 more)	
Scrambler	\$5.59
Bacon, Ham, Sausage or Livermush, scrambled egg and cheese on a grilled English Muffin. (Add Country Ham for \$1.50)	

* These items may be served raw or undercooked. Consuming raw steak or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

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BELGIUM WAFFLES

- Plain Belgian Waffle..... \$5.09
- Strawberry or Blueberry Waffle..... \$6.59

SIDES

- French Toast or French Toast Sticks..... \$5.49
- Smokey Mountain Gravy..... \$1.99
- 2 Biscuits with Meat..... \$3.99
Your choice of Sausage, Bacon, Ham, or Livermush
- 2 Country Ham Biscuits..... \$4.99
- 2 Steak Biscuits..... \$4.99
- Two Biscuits..... \$2.49
- Grits..... \$1.79
- Buttered Toast..... \$1.79
- Topping on Pancakes (Blueberry or Fresh Strawberry)..... \$1.59
- Golden Brown Pancakes (Whole stack)..... \$4.99
- Golden Brown Pancakes (Half stack)..... \$3.99
- Side Meats (Sausage, Bacon, Livermush, City Ham or Bologna)..... \$2.59
- Galley Fries or Potato Bucks..... \$2.99



BEVERAGES



- PEPSI PRODUCTS..... \$2.99
- COFFEE ALL YOU CAN DRINK (Regular or Decaffeinated)..... \$2.99
- HOT CHOCOLATE..... \$2.69
- ICED TEA - BREWED FRESH HOURLY (Sweetened or Unsweetened)..... \$2.89
- JUICE (Apple, Orange, Tomato, Pineapple)..... LG 16oz \$2.99 SM 8oz \$1.99
- MILK..... LG 16oz \$2.99 SM 8oz \$1.99
- CARAFE OF ORANGE JUICE..... \$6.59
- KIDS DRINK (Soda & Tea only; 12 & under only no exceptions)..... \$2.39
- LEMONADE..... \$2.89
- 5 LEMON SLICES FOR LEMONADE..... \$1.49

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2 SCOOP SUNDAES \$5.99

Classic Sundaes Vanilla Ice cream with your choice of hot fudge and Caramel. Topped with nuts, whip cream and a cherry.

Classic Fruit Sundae Vanilla Ice cream with your choice of strawberry, cherries, blueberries, or pineapple

Oreo Madness Vanilla Ice cream, hot fudge, and crushed oreos topped with whip cream and a cherry. Nothing beats this for Oreo lovers

Mocha Nut Cappucino Crunch Ice cream with hot fudge, Caramel, nuts and a cherry

Mint Oreo A scoop of cookies and cream and a scoop minty mint chip topped with oreos, waffle cone pieces, Caramel and fudge

M&M Sundae One scoop of Vanilla & one scoop of chocolate, hot fudge, crushed M&M's, peanuts and whip cream.

ICE CREAM FLAVORS

Bowl 2 scoops \$2.99 Regular cone \$2.99 Waffle cone \$3.59

Vanilla, Superman, Chocolate, Strawberry, Birthday Cake, Salty Caramel, Green Mint Chip, Moose Tracks®, Cookie Monster, Butter Pecan, Peanut Butter Cup, Muddy Sneakers (Snickers flavored), Cappucino Crunch, Chocolate Chip Cookie Dough

3 SCOOP SUNDAES \$7.29

Old Fashioned Banana Split 3 scoops of ice cream, one vanilla, one chocolate & one strawberry with bananas, strawberry and Caramel, hot fudge, whipped cream, nuts and a cherry

Oreo Decadence 3 scoops of your choice of ice cream, devils food cake, Oreos. Topped with Caramel and hot fudge, whipped cream, nuts and a cherry

Monkey Madness Hersheys® Peanut Butter Cup ice cream topped with waffle cone pieces, chopped banana pieces, fudge, peanut butter sauce, whip cream and a cherry

Banana Royale A split banana Vanilla & Chocolate ice cream topped with hot fudge, nuts, whip cream and a cherry

The 57 Three scoops of yummy butter pecan ice cream beneath a lode of hot caramel and fresh bananas and whipped cream.

OLD FASHION MILKSHAKES

Served with whip cream and a cherry 16oz \$4.89
Vanilla, Oreo, Chocolate, Strawberry, Birthday Cake, Peanut Butter, Chocolate Peanut Butter, Snickers, Green Mint Chip, Butter Pecan, Cookie Monster, Black Cherry, Peanut Butter Cup, Cappucino Crunch, Chocolate Chip, Cookie Dough.

DESSERTS

Reses Peanut Butter Pie..... \$5.99

Apple Pie..... \$4.99
Add ice cream for \$1.00

Hot Walnut Brownie A chocolate brownie with nuts. **\$5.29**
topped with 2 scoops of ice cream and hot fudge.
Try it butter pecan style with caramel and fudge.

Hot Fudge Sundae Cake..... \$5.99
Vanilla ice cream between two pieces of devil's food fudge cake served with our hot fudge topping, whipped cream and a cherry.

IBC Root Beer Float..... \$4.29

Carrot Cake Two layers of moist delicious..... **\$6.29**
ingredients with a cream cheese frosting.

Strawberry Shortcake Moist white cake, ice cream, **\$5.99**
strawberry topping and whipped cream.

Whipped Cheesecake..... \$4.59

Our own made in-house fresh daily

Whipped Cheesecake with Topping..... \$5.99
(try it with strawberry or blueberry topping).

Mrs. Ellie's Coconut Cream Pie..... \$5.29
Mrs. Ellie prepares this pie fresh everyday. Coconut cream filling and fresh whip cream.

Mrs. Ellie's Strawberry Glazed Pie..... \$4.99
Plumb strawberries, our own glaze and a thick cream topping.

Pecan Pie Fresh Baked (Seasonal Sep. - Dec.)..... **\$4.99**

Pumpkin Pie (Seasonal Sep. - Dec.)..... **\$4.99**

NY Style Strawberry Swirl Cheesecake..... \$6.29
NY Cheesecake infused with strawberries

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For those with an appetite for something different - Abele's "soda jerks" unleash the "DUMP TRUCK". A giant Ice cream sundae served in the bed of a dump truck. 23 scoops of Hershey's® premium Ice cream (you may pick up to 10 different flavors) your choice of 2 toppings, nuts, whip cream, and cherries. (Suggested serving size for 4 or more people. (Eat at your own risk))



All parties, 8 or more, a gratuity of 18% will be automatically be added to the bill
Prices on menu and website subject to change without notice

Interested in Advertising on This Menu? Call Menu Graphics: 1-877-545-0777 ext. 701



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